Teaching guide

IDENTIFICATION DETAILS

Degree: Child Education

Field of Knowledge: Social and Legal Science

Faculty/School: Education and Humanities

Course:

Type: Basic Training  ECTS credits: 6

Year: 1  Code: 7314

Teaching period: First semester

Area: Childhood, Health and Diet (Education)

Module: Basic Training

Teaching type: Classroom-based

Language: Spanish

Total number of student study hours: 150

SUBJECT DESCRIPTION

The main objective of this course is to offer students teaching practice in line with current legislation, adapted to new media and knowledge, and the urgent need to monitor, care for and encourage healthy habits in the child’s initial stage of education.

SKILLS

Basic Skills

Students must have demonstrated knowledge and understanding in an area of study that is founded on general
secondary education. Moreover, the area of study is typically at a level that includes certain aspects implying knowledge at the forefront of its field of study, albeit supported by advanced textbooks.

Students must be able to apply their knowledge to their work or vocation in a professional manner and possess skills that can typically be demonstrated by coming up with and sustaining arguments and solving problems within their field of study.

Students must have the ability to gather and interpret relevant data (usually within their field of study) in order to make judgments that include reflections on pertinent social, scientific or ethical issues.

Students must be able to convey information, ideas, problems and solutions to both an expert and non-expert audience.

Students must have developed the learning skills needed to undertake further study with a high degree of independence.

**General Skills**

To be familiar with the foundations of child dietetics and hygiene. To learn the basics of early childcare and the foundations and developments making it possible to understand the psychological, learning and personality construction processes during early childhood.

**Specific skills**

To be familiar with the basic principles of healthy development and behaviour.

To be able to identify disorders linked to sleep, food, psychomotor development, attention and auditory and visual perception.

To identify emotional, nutritional and welfare needs affecting the physical and psychological development of children.

**DISTRIBUTION OF WORK TIME**

<table>
<thead>
<tr>
<th>CLASSROOM-BASED ACTIVITY</th>
<th>INDEPENDENT STUDY/OUT-OF-CLASSROOM ACTIVITY</th>
</tr>
</thead>
<tbody>
<tr>
<td>70 hours</td>
<td>80 hours</td>
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