

Teaching guide

IDENTIFICATION DETAILS

Degree:	Nursing		
Field of Knowledge:	Health Science		
Faculty/School:	Bio-health Science		
Course:	COMMUNITY NURSING II		
Type:	Compulsory	ECTS credits:	4
Year:	3	Code:	2935
Teaching period:	Sixth semester		
Area:	Community Nursing and Public Health		
Module:	Nursing Sciences		
Teaching type:	Classroom-based		
Language:	Spanish		
Total number of student study hours:	100		

SUBJECT DESCRIPTION

The Community Nursing II course is intended to provide continuity to Public Health in the first year and Community Health in the second. This course is focused primarily on the work of nursing professionals in primary level care. Students are required to know what services nurses should cover from the service portfolio. They should therefore be familiar both with the portfolio and with the legislation upon which it is based.

Special emphasis is placed on individual care within the family context. Identifying the relationships that exist among its members which can influence the health of individuals. This course will likewise take a close look at the main carer as a fundamental support in informal care.

The knowledge gained in Community Nursing and Public Health I is integrated with a view to diagnosing the health of communities in order to develop a community-oriented care plan that prioritises their specific needs. On this course, students learn to apply nursing methodology to provide care within each of the activities performed in Primary Healthcare.

Order CIN 2134/2008 covers the skills that nursing professionals must develop and acquire. These include several that refer to individual, family and community nursing care, which are covered in this course.

SKILLS

Basic / general / cross skills

Students must have demonstrated knowledge and understanding in an area of study that is founded on general secondary education. Moreover, the area of study is typically at a level that includes certain aspects implying knowledge at the forefront of its field of study, albeit supported by advanced textbooks

Students must be able to apply their knowledge to their work or vocation in a professional manner and possess skills that can typically be demonstrated by coming up with and sustaining arguments and solving problems within their field of study

Students must have the ability to gather and interpret relevant data (usually within their field of study) in order to make judgments that include reflections on pertinent social, scientific or ethical issues

Students must be able to convey information, ideas, problems and solutions to both an expert and non-expert audience

Students must have developed the learning skills needed to undertake further study with a high degree of independence

To be able to provide technical and professional healthcare in the field of nursing in line with the health needs of people cared for, in accordance with the development of scientific knowledge at any given time and the levels of quality and security established in the pertinent legal and deontological regulations.

To protect the health and well-being of people, families and groups receiving care, ensuring their safety and security.

To establish effective communication with patients, families, social groups and colleagues, and to foster health education.

To be familiar with healthcare information systems.

To perform nursing care based on comprehensive healthcare involving multi-professional cooperation, process integration and continuity of care.

To be familiar with the strategies for adopting comfort and symptom care measures addressed to patients and families when applying palliative care, contributing to ease the situation of advanced and terminal patients.

To develop an ability to take in, analyse, sum up and relate information, together with a capacity for analytical, synthetic, reflective, critical, theoretical and practical thought.

To plan and provide nursing care addressed to people, families or groups focussing on health results, assessing its impact through clinical and healthcare best practice guides, describing the processes according to which a health problem is diagnosed or treated or care is provided.

Capacity for oral and written communication and expression.

To be sufficiently familiar with the basic principles and theories of the human sciences.

To understand the interactive behaviour of people according to gender, group or community within a social and multicultural context.

To design care systems addressed to people, families or groups, assessing their impact and determining suitable changes that may need to be made.

To carry out nursing interventions based on scientific evidence and available resources.

To understand people without prejudice taking into consideration their physical, psychological and social aspects and to see them as autonomous and independent, ensuring their opinions, beliefs and values are respected and guaranteeing their right to intimacy through confidentiality and professional secrecy.

To encourage healthy lifestyles, self-care and preventive and therapeutically conduct.

Specific skills

To identify, integrate and relate the concept of health and care from a historical perspective in order to understand the evolution of nursing care over time.

To apply the nursing process to provide and ensure well-being, quality and security for the individuals cared for.

To be familiar with and apply the principles underpinning comprehensive nursing care.

To direct, assess and provide comprehensive nursing care to individuals, families and the community.

Ability to describe the foundations of primary healthcare and the activities to be carried out in order to provide comprehensive nursing care to individuals, families and the community. To understand the duties, activities and cooperative attitude to be adopted by a professional in a primary healthcare team.

To promote the participation of people, families and groups in a patient's health-illness process.

To identify the issues linked to health and environmental factors in order to care for people in situations of health and illness as members of a community. To identify and analyse the influence of internal and external factors on the health levels of individuals and groups.

To apply the relevant and necessary methods and procedures to identify the more serious health problems in a community.

To analyse statistical data referring to population studies, identifying the possible causes of health problems.

To educate, facilitate and support the health, well-being and comfort of members of the community whose lives are affected by health problems, risk, suffering, illness, disability or death.

To be familiar with adult health alterations, identifying the manifestations arising in the various stages. To identify care needs stemming from health problems.

To analyse the data gathered from an examination, to prioritise the problems in an adult patient, to establish and execute a care plan and to perform an assessment.

To choose interventions aimed at treating and preventing problems stemming from health deviations.

To adopt a cooperative attitude with the various team members.

To analyse a child's examination data, identifying nursing problems and possible complications.

To choose care interventions aimed at treating or preventing health problems and adapting to daily life using local resources and support for the elderly.

To be familiar with the Spanish healthcare system.

To provide care ensuring the right to dignity, privacy, intimacy, confidentiality and decision-making capacity of patients and families. To provide customised care taking into consideration age, gender, cultural differences, ethnic origin, beliefs and values.

To be able to carry out exhaustive and systematic examinations using suitable tools and contexts for the patient, taking into consideration the relevant physical, social, cultural, psychological, spiritual and environmental factors; and to acquire a comprehensive care perspective for patients, families and groups.

To apply the scientific method through basic and applied research programmes using both qualitative and quantitative methodology, while respecting all ethical aspects.

To correctly apply individual and community control, oversight, protection and security measures in the healthcare context.

To develop oral and written communication skills.

DISTRIBUTION OF WORK TIME

CLASSROOM-BASED ACTIVITY	OUT-OF-CLASSROOM ACTIVITY
55 hours	45 hours