

# Teaching guide

## IDENTIFICATION DETAILS

Degree:	Psychology		
Field of Knowledge:	Arts and Humanities		
Faculty/School:	Education and Psychology		
Course:	PSYCHOLOGY OF HUMAN DIFFERENCES		
Type:	Compulsory	ECTS credits:	6
Year:	3	Code:	7766
Teaching period:	Fifth semester		
Area:	Human Diversity: Personality, Psychopathology and Health		
Module:	Specific training		
Teaching type:	Classroom-based		
Language:	Spanish		
Total number of student study hours:	150		

## SUBJECT DESCRIPTION

Se conocerá la historia del estudio de las diferencias humanas. De forma específica se analizarán las principales dimensiones explicativas de las diferencias individuales y grupales de los seres humanos.

## SKILLS

### Basic Skills

Students must have demonstrated knowledge and understanding in an area of study that is founded on general secondary education. Moreover, the area of study is typically at a level that includes certain aspects implying knowledge at the forefront of its field of study, albeit supported by advanced textbooks

Students must be able to apply their knowledge to their work or vocation in a professional manner and possess skills that can typically be demonstrated by coming up with and sustaining arguments and solving problems within their field of study

Students must have the ability to gather and interpret relevant data (usually within their field of study) in order to make judgments that include reflections on pertinent social, scientific or ethical issues

Students must be able to convey information, ideas, problems and solutions to both an expert and non-expert audience

Students must have developed the learning skills needed to undertake further study with a high degree of independence

### **General Skills**

To be familiar with existing anthropological models and to define the anthropological conception of the individual forming the basis for our educational proposal: dimensional structure, function and dimensional interaction.

To be familiar with the fundamentals of the psychological dimension of human beings.

To be familiar with historical developments in psychodiagnostic criteria: current classifications for mental health disorders.

### **Cross Skills**

An ability to search for and select information critically and effectively.

To be able to approach a subject by means of rigorous, profound and comprehensive thought.

To correctly engage with university work tools: text commentary, analysis, summary and the preparation of a research project.

To identify technical vocabulary related to various disciplines.

An ability to take on responsibility and make decisions.

To be able to use technical means such as computer programmes and audio-visual systems, among others.

Capacity for disciplinary and interdisciplinary teamwork.

### **Specific skills**

To perceive each individual as unique and exceptional: clearly distinguishing common ground shared with others from one's own, individual characteristics. The meaning of life and the realm of values.

To be familiar with historical movements linked to mental health: from ancient times to the present.

To be familiar with the main contributions of differential psychology: authors and models, individual and group differences.

To perceive the individual as an entirety in holistic terms, distinguishing aspects of said individual: biological, psychological, psychobiological, social and existential.

### **DISTRIBUTION OF WORK TIME**

CLASSROOM-BASED ACTIVITY	INDEPENDENT STUDY/OUT-OF-CLASSROOM ACTIVITY
60 hours	90 hours