

Teaching guide

IDENTIFICATION DETAILS

Degree:	Psychology		
Field of Knowledge:	Arts and Humanities		
Faculty/School:	Education and Psychology		
Course:	BIBLIOTHERAPY		
Type:	Compulsory	ECTS credits:	3
Year:	4	Code:	7739
Teaching period:	Seventh semester		
Area:	Intervention and Treatment		
Module:	Specific training		
Teaching type:	Classroom-based		
Language:	Spanish		
Total number of student study hours:	75		

SUBJECT DESCRIPTION

A lo largo de la misma trabajaremos el concepto de que la historia recrea el acto de tal manera que nos invita a penetrar en él. No escuchamos simplemente una historia, nos convertimos en la historia. El acto mismo de prestar atención a lo narrado concede una inmediatez personal que borra la línea divisoria entre la historia y nosotros.

SKILLS

Basic Skills

Students must have demonstrated knowledge and understanding in an area of study that is founded on general secondary education. Moreover, the area of study is typically at a level that includes certain aspects implying knowledge at the forefront of its field of study, albeit supported by advanced textbooks

Students must be able to apply their knowledge to their work or vocation in a professional manner and possess skills that can typically be demonstrated by coming up with and sustaining arguments and solving problems within their field of study

Students must have the ability to gather and interpret relevant data (usually within their field of study) in order to make judgments that include reflections on pertinent social, scientific or ethical issues

Students must be able to convey information, ideas, problems and solutions to both an expert and non-expert audience

Students must have developed the learning skills needed to undertake further study with a high degree of independence

General Skills

To systematise and know how to put into practice the skills and theoretical knowledge gained.

Cross Skills

Capacity for self-awareness and emotional management.

To correctly engage with university work tools: text commentary, analysis, summary and the preparation of a research project.

To identify technical vocabulary related to various disciplines.

Specific skills

To be able to describe and gauge variables in cognitive, emotional, psychobiological, behavioural, social and existential processes and to identify the problems and needs arising.

To be able to select and use appropriate psychological intervention techniques to reach individual, group-based and organisational objectives.

To be able to prepare oral and written reports and to provide feedback for recipients appropriately and accurately.

DISTRIBUTION OF WORK TIME

CLASSROOM-BASED ACTIVITY	INDEPENDENT STUDY/OUT-OF-CLASSROOM ACTIVITY
30 hours	45 hours