

Teaching guide

IDENTIFICATION DETAILS

Degree:	Psychology		
Field of Knowledge:	Arts and Humanities		
Faculty/School:	Education and Psychology		
Course:	INTERVENTION MODELS: THE SCHOOLS OF PSYCHOLOGY		
Type:	Compulsory	ECTS credits:	6
Year:	4	Code:	7738
Teaching period:	Seventh semester		
Area:	Intervention and Treatment		
Module:	Specific training		
Teaching type:	Classroom-based		
Language:	Spanish		
Total number of student study hours:	150		

SUBJECT DESCRIPTION

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SKILLS

Basic Skills

Students must have demonstrated knowledge and understanding in an area of study that is founded on general secondary education. Moreover, the area of study is typically at a level that includes certain aspects implying knowledge at the forefront of its field of study, albeit supported by advanced textbooks

Students must be able to apply their knowledge to their work or vocation in a professional manner and possess skills that can typically be demonstrated by coming up with and sustaining arguments and solving problems within their field of study

Students must have the ability to gather and interpret relevant data (usually within their field of study) in order to make judgments that include reflections on pertinent social, scientific or ethical issues

Students must be able to convey information, ideas, problems and solutions to both an expert and non-expert audience

Students must have developed the learning skills needed to undertake further study with a high degree of independence

General Skills

To be familiar with psychological diagnosis, treatment and assessment methods in various fields applied to psychology.

To be familiar with the different fields of application of psychology and have the skills to influence and promote the quality of life and social commitment of individuals, groups, communities and organisations in the different educational, clinical and health, work and organisational, and social and community contexts.

To systematise and know how to put into practice the skills and theoretical knowledge gained.

To be familiar with the various theoretical models of psychology: authors, contributions, influences and limitations.

Cross Skills

To develop individual social skills.

Capacity for self-awareness and emotional management.

An ability to develop one's abilities, skills and knowledge according to professional standards and to keep them up-to-date.

An ability to adapt to new situations.

An ability to think creatively and come up with new ideas and concepts.

To show a commitment to quality in one's actions and to be able to develop systems to ensure the quality of the services one provides.

To identify the process of personal accomplishment and the goals to be attained by organising a plan of action to this end.

To forge attitudes of respect, tolerance and dialogue with regard to other cultures and religions in the search for the truth.

An ability to solve problems.

An ability to take on responsibility and make decisions.

An ability to organise and plan well.

Specific skills

To be able to define the therapeutic framework in which to place psychological intervention: the psychological interview.

To be able to describe and gauge variables in cognitive, emotional, psychobiological, behavioural, social and existential processes and to identify the problems and needs arising.

To be able to describe and measure interaction processes, group dynamics and group and intergroup structures. To identify the problems and needs arising.

To be able to set goals for psychological practice in different contexts, proposing and negotiating objectives with patients and parties affected.

To be able to select and use appropriate psychological intervention techniques to reach individual, group-based and organisational objectives.

To be able to apply indirect intervention strategies and methods through other people: counselling, educator training and other agents.

To understand research as constituting a major part of professional development. To critically analyse scientific articles and material.

DISTRIBUTION OF WORK TIME

CLASSROOM-BASED ACTIVITY	INDEPENDENT STUDY/OUT-OF-CLASSROOM ACTIVITY
60 hours	90 hours