

# **IDENTIFICATION DETAILS**

Degree:	Psychology				
Field of Knowledge:	Arts and Humanities				
Faculty/School:	Education and Psychology				
Course:	PSYCHO-DIAGNOSIS MODELS, TECHNIQUES AND INSTRUMENTS				
Туре:	Compulsory		ECTS credits:	6	
Year:	3		Code:	7735	
Teaching period:	Sixth semester				
Area:	Psychological Evaluation and Diagnosis				
Module:	Specific training				
Teaching type:	Classroom-based				
Language:	Spanish				
Total number of student study hours:	150				

# SUBJECT DESCRIPTION

La evaluación psicológica es una parte importante del proceso terapéutico, ya que cuanto más completa sea ésta, más información se obtendrá para llegar a un diagnóstico correcto con el fin de plantear una psicoterapia adecuada. Se debe evaluar al ser humano en todas sus dimensiones: biológica, psicológica, social y espiritualexistencial.

Las distintas técnicas e instrumentos de Psicodiagnóstico son herramientas que sirven para evaluar a una persona en todas sus dimensiones: inteligencia, emoción, características de personalidad, procesos psicológicos básicos, forma de afrontar su problema, etc. De esta explicación se puede deducir que un profesional de la

Psicología debe saber qué tipo de herramientas son las más apropiadas para evaluar al paciente, que en cualquier caso siempre serán más de una. Esto es, con la utilización de una sola herramienta la evaluación quedaría incompleta.

Una vez realizada la evaluación es fundamental interpretar correctamente los resultados obtenidos con las herramientas utilizadas. Esta interpretación ha de ser global: resultados de los tests, entrevista con el paciente, ambiente familiar, ambiente socio-cultural, vivencias pasadas, etc.

# SKILLS

#### **Basic Skills**

Students must have demonstrated knowledge and understanding in an area of study that is founded on general secondary education. Moreover, the area of study is typically at a level that includes certain aspects implying knowledge at the forefront of its field of study, albeit supported by advanced textbooks

Students must be able to apply their knowledge to their work or vocation in a professional manner and possess skills that can typically be demonstrated by coming up with and sustaining arguments and solving problems within their field of study

Students must have the ability to gather and interpret relevant data (usually within their field of study) in order to make judgments that include reflections on pertinent social, scientific or ethical issues

Students must be able to convey information, ideas, problems and solutions to both an expert and non-expert audience

Students must have developed the learning skills needed to undertake further study with a high degree of independence

### **General Skills**

To be familiar with psychological diagnosis, treatment and assessment methods in various fields applied to psychology.

To systematise and know how to put into practice the skills and theoretical knowledge gained.

#### **Cross Skills**

An ability to search for and select information critically and effectively.

To develop individual social skills.

An ability to develop one's abilities, skills and knowledge according to professional standards and to keep them up-

to-date.

An ability to adapt to new situations.

To show a commitment to quality in one's actions and to be able to develop systems to ensure the quality of the services one provides.

To identify technical vocabulary related to various disciplines.

An ability to solve problems.

An ability to take on responsibility and make decisions.

An ability to organise and plan well.

### Specific skills

To be able to describe and gauge variables in cognitive, emotional, psychobiological, behavioural, social and existential processes and to identify the problems and needs arising.

To be able to select and use appropriate psychological intervention techniques to reach individual, group-based and organisational objectives.

To be able to plan the assessment of programmes and interventions and define indicators, assessment techniques and analyses of results.

To be able to prepare oral and written reports and to provide feedback for recipients appropriately and accurately.

To be familiar with the evaluation and treatment methods and tools of the various psychological schools.

# **DISTRIBUTION OF WORK TIME**

CLASSROOM-BASED ACTIVITY	INDEPENDENT STUDY/OUT-OF-CLASSROOM ACTIVITY	
60 hours	90 hours	