

## IDENTIFICATION DETAILS

Degree:	Psychology		
Field of Knowledge:	Arts and Humanities		
Faculty/School:	Education and Psychology		
Course:	PSYCHOPATHOLOGY		
Type:	Compulsory	ECTS credits:	6
Year:	3	Code:	7734
Teaching period:	Sixth semester		
Area:	Human Diversity: Personality, Psychopathology and Health		
Module:	Specific training		
Teaching type:	Classroom-based		
Language:	Spanish		
Total number of student study hours:	150		

## SUBJECT DESCRIPTION

El recorrido que se ofrece al alumno se inicia con una presentación de los aspectos básicos y conceptuales de la psicopatología que dan paso a la descripción de las anomalías que se producen en los procesos de conocimiento. Solo entonces tiene sentido abordar el estudio de los distintos trastornos psicopatológicos. Se describen las distintas patologías desde los manuales de diagnóstico actuales pero también con un pensamiento crítico que parte de una antropología adecuada que tiene presente qué y quién es la persona. Las alteraciones se agrupan en:

- 1) Trastornos relacionados con las necesidades y/o impulsos biológicos.
- 2) Trastornos emocionales y del estrés.
- 3) Trastornos psicóticos.

Finalmente se encuadrará también la psicopatología referente al curso vital en tanto que problemas de la infancia y de la vejez, pero sin abordarse a fondo, puesto que serán parte de otros cursos de especialización posteriores. Esta

asignatura se nutre de los conocimientos obtenidos previamente respecto a los procesos psicológicos básicos de la persona y la psicología de la personalidad, y es imprescindible para el adecuado abordaje de las asignaturas centradas en la intervención terapéutica. Capacita al alumno para la detección de síntomas y diagnóstico de alteraciones psicológicas en la persona que sufre.

## **SKILLS**

### **Basic Skills**

Students must have demonstrated knowledge and understanding in an area of study that is founded on general secondary education. Moreover, the area of study is typically at a level that includes certain aspects implying knowledge at the forefront of its field of study, albeit supported by advanced textbooks

Students must be able to apply their knowledge to their work or vocation in a professional manner and possess skills that can typically be demonstrated by coming up with and sustaining arguments and solving problems within their field of study

Students must have the ability to gather and interpret relevant data (usually within their field of study) in order to make judgments that include reflections on pertinent social, scientific or ethical issues

Students must be able to convey information, ideas, problems and solutions to both an expert and non-expert audience

Students must have developed the learning skills needed to undertake further study with a high degree of independence

### **General Skills**

To be familiar with psychological diagnosis, treatment and assessment methods in various fields applied to psychology.

To be familiar with the fundamentals of the psychological dimension of human beings.

To be familiar with historical developments in psychodiagnostic criteria: current classifications for mental health disorders.

### **Cross Skills**

An ability to search for and select information critically and effectively.

To be able to approach a subject by means of rigorous, profound and comprehensive thought.

To correctly engage with university work tools: text commentary, analysis, summary and the preparation of a research project.

To identify technical vocabulary related to various disciplines.

An ability to take on responsibility and make decisions.

To be able to correctly express oneself orally in Spanish and in another language, preferably English.

To be able to correctly express oneself in writing in Spanish and in another language, preferably English.

To be able to use technical means such as computer programmes and audio-visual systems, among others.

Capacity for disciplinary and interdisciplinary teamwork.

### Specific skills

To perceive each individual as unique and exceptional: clearly distinguishing common ground shared with others from one's own, individual characteristics. The meaning of life and the realm of values.

To be familiar with the main psychodiagnostic systems that have existed throughout history.

To be familiar with the characteristics of the major mental disorders and the DSM and ICD methods for classifying mental disorders.

To identify the links between today's world and historical events and to acknowledge the need to define the historical framework of any event in order to understand it.

To perceive the individual as an entirety in holistic terms, distinguishing aspects of said individual: biological, psychological, psychobiological, social and existential.

### DISTRIBUTION OF WORK TIME

CLASSROOM-BASED ACTIVITY	INDEPENDENT STUDY/OUT-OF-CLASSROOM ACTIVITY
60 hours	90 hours