

Teaching guide

IDENTIFICATION DETAILS

Degree:	Psychology		
Field of Knowledge:	Arts and Humanities		
Faculty/School:	Education and Psychology		
Course:	LIFE-CYCLE PSYCHOLOGY I		
Type:	Compulsory	ECTS credits:	6
Year:	1	Code:	7732
Teaching period:	First semester		
Area:	Educational and Life Cycle Psychology		
Module:	Specific training		
Teaching type:	Classroom-based		
Language:	Spanish		
Total number of student study hours:	150		

SUBJECT DESCRIPTION

En la asignatura de "Psicología del Ciclo Vital I" se presta atención a las principales dimensiones del desarrollo humano desde una perspectiva integral y holística. Se recogen los principales cambios psicológicos que se relacionan con la edad y se tiene en cuenta la diversidad que puede presentarse en dicho proceso. Asimismo, se ahonda en el estudio del ciclo vital de forma contextualizada, haciendo hincapié en las influencias del momento histórico, social y cultural.

SKILLS

Basic Skills

Students must have demonstrated knowledge and understanding in an area of study that is founded on general secondary education. Moreover, the area of study is typically at a level that includes certain aspects implying knowledge at the forefront of its field of study, albeit supported by advanced textbooks

Students must be able to apply their knowledge to their work or vocation in a professional manner and possess skills that can typically be demonstrated by coming up with and sustaining arguments and solving problems within their field of study

Students must have the ability to gather and interpret relevant data (usually within their field of study) in order to make judgments that include reflections on pertinent social, scientific or ethical issues

Students must be able to convey information, ideas, problems and solutions to both an expert and non-expert audience

Students must have developed the learning skills needed to undertake further study with a high degree of independence

General Skills

To be familiar with psychological diagnosis, treatment and assessment methods in various fields applied to psychology.

To be familiar with the main stages and processes of an individual's development throughout their life cycle and during crises and to analyse the strengths and weaknesses in each: the lifeline or autobiography and existential analysis.

Cross Skills

An ability to search for and select information critically and effectively.

An ability to adapt to new situations.

An ability to think creatively and come up with new ideas and concepts.

To be able to approach a subject by means of rigorous, profound and comprehensive thought.

To identify technical vocabulary related to various disciplines.

An ability to solve problems.

An ability to take on responsibility and make decisions.

An ability to organise and plan well.

To be able to correctly express oneself orally in Spanish and in another language, preferably English.

Specific skills

To be familiar with the fundamental concepts of evolutionary psychology: history, models and leading authors.

To be familiar with the early childhood and youth life cycles.

To be able to describe and measure interaction processes, group dynamics and group and intergroup structures.
To identify the problems and needs arising.

To be able to set goals for psychological practice in different contexts, proposing and negotiating objectives with patients and parties affected.

To be able to select and use appropriate psychological intervention techniques to reach individual, group-based and organisational objectives.

To be able to prepare oral and written reports and to provide feedback for recipients appropriately and accurately.

To be familiar with the public health and education system, social services, employment agencies, training services, etc. within which psychologists conduct their activities.

DISTRIBUTION OF WORK TIME

CLASSROOM-BASED ACTIVITY	INDEPENDENT STUDY/OUT-OF-CLASSROOM ACTIVITY
60 hours	90 hours