

Teaching guide

IDENTIFICATION DETAILS

Degree:	Psychology		
Field of Knowledge:	Arts and Humanities		
Faculty/School:	Education and Psychology		
Course:	THE PSYCHOLOGY OF MOTIVATION		
Type:	Compulsory	ECTS credits:	6
Year:	1	Code:	7721
Teaching period:	Second semester		
Area:	Psychological Processes		
Module:	Specific training		
Teaching type:	Classroom-based		
Language:	Spanish		
Total number of student study hours:	150		

SUBJECT DESCRIPTION

Motivación y Emoción son dos procesos psicológicos básicos que "forman parte del bagaje de recursos adaptativos del ser humano" (Palmero & Martínez, 2010). Tanto su funcionamiento como su influencia sobre la conducta humana han sido (y continúan siendo) objeto de numerosas teorías e investigaciones, algunas de las cuales (las más relevantes) estudiaremos a lo largo de esta asignatura. Por "motivación" entendemos aquellas "fuerzas que actúan sobre, o dentro de, un organismo, para iniciar y dirigir la conducta de éste" (Palmero & Martínez, 2010): fuerzas que pueden hundir sus raíces en lo biológico, lo psicológico, lo social y/o lo espiritual. La "emoción", por su parte, tiene que ver con el valor hedónico que otorgamos a los sucesos del entorno. Enmarcaremos la experiencia emocional dentro de la dimensión afectiva del ser humano, vinculada a la necesidad del hombre de apertura a la realidad, especialmente a los otros y al sentido de su vida. Ambas se encuentran íntimamente relacionadas entre sí así como con el resto de procesos psicológicos que son objeto de estudio en el Grado en Psicología: la personalidad, la sensación-percepción, la atención, la memoria, el aprendizaje, el pensamiento y el lenguaje.

Además en esta asignatura se introduce un concepto fundamental para el desarrollo del individuo, el sentido de vida. No sólo supone una base académica fundamental dentro del grado de psicología sino que también forma parte de la preparación individual del estudiante en su futuro. Aportará herramientas y conocimientos útiles para el individuo en su crecimiento personal a través de sus propias motivaciones y emociones, que una vez integrados, siempre favorecerán el crecimiento profesional del alumno.

SKILLS

Basic Skills

Students must have demonstrated knowledge and understanding in an area of study that is founded on general secondary education. Moreover, the area of study is typically at a level that includes certain aspects implying knowledge at the forefront of its field of study, albeit supported by advanced textbooks

Students must be able to apply their knowledge to their work or vocation in a professional manner and possess skills that can typically be demonstrated by coming up with and sustaining arguments and solving problems within their field of study

Students must have the ability to gather and interpret relevant data (usually within their field of study) in order to make judgments that include reflections on pertinent social, scientific or ethical issues

Students must be able to convey information, ideas, problems and solutions to both an expert and non-expert audience

Students must have developed the learning skills needed to undertake further study with a high degree of independence

General Skills

To be familiar with the fundamentals of the psychological dimension of human beings.

To be familiar with the fundamentals of the social dimension of human beings.

To be familiar with the fundamentals of the existential dimension of human beings.

Cross Skills

To correctly engage with university work tools: text commentary, analysis, summary and the preparation of a research project.

To identify the process of personal accomplishment and the goals to be attained by organising a plan of action to this end.

To identify technical vocabulary related to various disciplines.

To be able to correctly express oneself orally in Spanish and in another language, preferably English.

To be able to correctly express oneself in writing in Spanish and in another language, preferably English.

To be able to use technical means such as computer programmes and audio-visual systems, among others.

Capacity for disciplinary and interdisciplinary teamwork.

Specific skills

To be familiar with the main psychological processes of human behaviour: language, thought, motivation and learning.

DISTRIBUTION OF WORK TIME

CLASSROOM-BASED ACTIVITY	INDEPENDENT STUDY/OUT-OF-CLASSROOM ACTIVITY
60 hours	90 hours