

Teaching guide

IDENTIFICATION DETAILS

Degree:	Psychology		
Field of Knowledge:	Arts and Humanities		
Faculty/School:	Education and Psychology		
Course:	PERSONALITY PSYCHOLOGY		
Type:	Compulsory	ECTS credits:	6
Year:	3	Code:	7720
Teaching period:	Fifth semester		
Area:	Human Diversity: Personality, Psychopathology and Health		
Module:	Specific training		
Teaching type:	Classroom-based		
Language:	Spanish		
Total number of student study hours:	150		

SUBJECT DESCRIPTION

A lo largo del cuatrimestre, se analizará también cómo se conforma la personalidad a lo largo de la vida y se estudiarán los principales estilos de la personalidad (discerniendo acerca de la diferencia entre lo "normal" y lo "patológico"). Cabe señalar que la presente asignatura dota a los estudiantes de conocimientos imprescindibles para las tres menciones de la titulación: Psicología Clínica, Psicología Educativa y Psicología del Trabajo.

SKILLS

Basic Skills

Students must have demonstrated knowledge and understanding in an area of study that is founded on general secondary education. Moreover, the area of study is typically at a level that includes certain aspects implying knowledge at the forefront of its field of study, albeit supported by advanced textbooks

Students must be able to apply their knowledge to their work or vocation in a professional manner and possess skills that can typically be demonstrated by coming up with and sustaining arguments and solving problems within their field of study

Students must have the ability to gather and interpret relevant data (usually within their field of study) in order to make judgments that include reflections on pertinent social, scientific or ethical issues

Students must be able to convey information, ideas, problems and solutions to both an expert and non-expert audience

Students must have developed the learning skills needed to undertake further study with a high degree of independence

General Skills

To be familiar with the fundamentals of the psychological dimension of human beings.

Cross Skills

An ability to search for and select information critically and effectively.

To identify technical vocabulary related to various disciplines.

An ability to take on responsibility and make decisions.

To be able to correctly express oneself orally in Spanish and in another language, preferably English.

To be able to correctly express oneself in writing in Spanish and in another language, preferably English.

Capacity for disciplinary and interdisciplinary teamwork.

Specific skills

To perceive each individual as unique and exceptional: clearly distinguishing common ground shared with others from one's own, individual characteristics. The meaning of life and the realm of values.

To be familiar with historical movements linked to mental health: from ancient times to the present.

To be familiar with the characteristics of the major mental disorders and the DSM and ICD methods for classifying mental disorders.

To be familiar with the different existing theories on personality: authors, methods and contributions.

To perceive the individual as an entirety in holistic terms, distinguishing aspects of said individual: biological, psychological, psychobiological, social and existential.

DISTRIBUTION OF WORK TIME

CLASSROOM-BASED ACTIVITY	INDEPENDENT STUDY/OUT-OF-CLASSROOM ACTIVITY
60 hours	90 hours