

Teaching guide

IDENTIFICATION DETAILS

Degree:	Psychology		
Field of Knowledge:	Arts and Humanities		
Faculty/School:	Education and Psychology		
Course:	COMMUNICATION: PROFESSIONAL SKILLS AND ABILITIES		
Type:	Compulsory	ECTS credits:	6
Year:	1	Code:	7716
Teaching period:	Second semester		
Area:	Psychology: History, Science and Profession		
Module:	Specific training		
Teaching type:	Classroom-based		
Language:	Spanish		
Total number of student study hours:	150		

SUBJECT DESCRIPTION

La asignatura pretende que el alumno viva una experiencia de desarrollo personal tomando como punto de partida quien es y quien esta llamado a ser. Esta experiencia se propone a través de la forja de las competencias que configuran el perfil que la facultad desea para sus alumnos. En definitiva, la asignatura contribuye a la formación integral del alumno trabajando las competencias como medio de realización personal.

La asignatura propone un camino :

- Acompañando al alumno en dos ámbitos: el aula (ámbito comunitario) y la mentoría (ámbito individual)
- Aplicando la metodología experiencial: Integrando un doble dinamismo: despertar-descubrir-decidir y vivencia-comprensión-comprensión crítica

La asignatura se organiza tomando como eje central la experiencia del Proyecto Transversal el trabajo y de como la acción integrada le ayuda a crecer. De modo que el temario hace un recorrido por las distintas maneras en las que la persona puede poner en juego su inteligencia, voluntad y afectividad en la relación con los demás. El Proyecto Transversal es el lugar donde el alumno desde su realidad universitaria, se descubre en la acción y lleva a cabo la implantación del proyecto, trabajando individualmente y en equipo.

SKILLS

Basic Skills

Students must have demonstrated knowledge and understanding in an area of study that is founded on general secondary education. Moreover, the area of study is typically at a level that includes certain aspects implying knowledge at the forefront of its field of study, albeit supported by advanced textbooks

Students must be able to apply their knowledge to their work or vocation in a professional manner and possess skills that can typically be demonstrated by coming up with and sustaining arguments and solving problems within their field of study

Students must have the ability to gather and interpret relevant data (usually within their field of study) in order to make judgments that include reflections on pertinent social, scientific or ethical issues

Students must be able to convey information, ideas, problems and solutions to both an expert and non-expert audience

Students must have developed the learning skills needed to undertake further study with a high degree of independence

General Skills

To be familiar with the characteristics defining an efficient psychology professional: up-to-date professional knowledge (knowing how to select and manage information in both Spanish and other languages, especially English), critical thinking, ethics, personal integrity and social commitment to universal and democratic values.

Cross Skills

Ethical commitment and social improvement.

An ability to think creatively and come up with new ideas and concepts.

To nurture an attitude of intellectual curiosity and a quest for the truth in all areas of life.

To identify the process of personal accomplishment and the goals to be attained by organising a plan of action to this end.

Specific skills

To define the existential dimension of human beings: freedom, responsibility and potential for change in psychology.

Essential characteristics of human beings: self-distancing (self-knowledge) and self-transcendence.

To be familiar with strategies for personal and professional improvement; to prepare a customised action plan.

DISTRIBUTION OF WORK TIME

CLASSROOM-BASED ACTIVITY	INDEPENDENT STUDY/OUT-OF-CLASSROOM ACTIVITY
60 hours	90 hours