

Teaching guide

IDENTIFICATION DETAILS

Degree:	Physical Activity and Sports Sciences		
Field of Knowledge:	Health Science		
Faculty/School:	Health Sciences		
Course:	PHYSICAL EDUCATION AND DIVERSITY: ANALYSIS AND PROPOSALS		
Type:	Optional	ECTS credits:	6
Year:	4	Code:	7548
Teaching period:	Seventh semester		
Area:	Focus on Diversity in Physical Education		
Module:	Physical Education and the Teaching of Physical Activity and Sport		
Teaching type:	Classroom-based		
Language:	Spanish		
Total number of student study hours:	150		

SUBJECT DESCRIPTION

Dealing with diversity in physical education and in education in general in different minority groups provides some great opportunities. It not only involves matters of ethnicity and culture, but also everything related to people themselves and their condition. There is therefore also a focus on people with a physical, sensory, intellectual or physiological disability.

The evolution of the concept of these groups and, as a result, the evolution of the official curriculum in dealing with them gives them the chance to develop with those resources found at an ordinary school and therefore to become self-reliant and improve their quality of life in a lasting way.

Inclusive physical education is a prelude to inclusive physical activity and may very often represent the initial contact of what can be a qualitative leap in the life of these people.

It also encourages respect for fundamental rights and non-discriminatory equality between men and women.

SKILLS

Basic Skills

Students must have demonstrated knowledge and understanding in an area of study that is founded on general secondary education. Moreover, the area of study is typically at a level that includes certain aspects implying knowledge at the forefront of its field of study, albeit supported by advanced textbooks

Students must be able to apply their knowledge to their work or vocation in a professional manner and possess skills that can typically be demonstrated by coming up with and sustaining arguments and solving problems within their field of study

Students must have the ability to gather and interpret relevant data (usually within their field of study) in order to make judgments that include reflections on pertinent social, scientific or ethical issues

Students must be able to convey information, ideas, problems and solutions to both an expert and non-expert audience

Students must have developed the learning skills needed to undertake further study with a high degree of independence

General Skills

To select and be able to use sports materials and equipment, suited to every type of activity, in their various contexts: school, sports, recreation or sport for all.

To develop skills to adapt to new situations and problem-solving, as well as for independent learning.

To develop analytical, synthetic, reflective, critical, theoretical and practical thought.

To be familiar with and act on the basis of the ethical principles needed for appropriate professional practice.

To be familiar with and master efficient self-motivation, personal self-assessment, focus on personal achievement and leadership techniques.

Specific skills

To design, develop and assess the teaching and learning process related to physical activity and sport, focussing on personal and context-based characteristics individually and in cooperation with other teachers and school professionals.

To promote attitudes and values typical of physical activity and sport, stimulating personal growth of teaching staff and students.

To carry out educational leadership by engaging in physical, sports and orientation activities with students and their families, taking into consideration individual educational needs.

To design and regulate learning areas in contexts of diversity, fostering gender equality, egalitarianism and respect for human rights formed by the values of citizen education.

To acquire the capacity to listen and empathise through forming close relationships.

DISTRIBUTION OF WORK TIME

CLASSROOM-BASED ACTIVITY	INDEPENDENT STUDY/OUT-OF-CLASSROOM ACTIVITY
--------------------------	---

60 hours	90 hours
----------	----------