

# **Teaching guide**

# **IDENTIFICATION DETAILS**

| Degree:                              | Physical Activity and Sports Sciences                      |               |      |
|--------------------------------------|--|---------------|------|
|                                      |  |               |      |
| Field of Knowledge:                  | Social and Legal Science                                   |               |      |
|                                      |  |               |      |
| Faculty/School:                      | Education and Humanities                                   |               |      |
|                                      |  |               |      |
| Course:                              |  |               |      |
| <b></b>                              |  |               |      |
| Туре:                                | Compulsory   | ECTS credits: | 6    |
|                                      |  |               |      |
| Year:                                | 3  | Code:         | 7539 |
|                                      |  |               |      |
| Teaching period:                     | Sixth semester   |               |      |
|                                      |  |               |      |
| Area:                                | Management of Sport  |               |      |
|                                      |  |               |      |
| Module:                              | Organisation and Management of Physical Activity and Sport |               |      |
| <b></b>                              |  |               |      |
| Teaching type:                       | Classroom-based  |               |      |
|                                      |  |               |      |
| Language:                            | Spanish  |               |      |
|                                      |  |               |      |
| Total number of student study hours: | 150  |               |      |
|                                      |  |               |      |

## SUBJECT DESCRIPTION

This course consists of two main parts. The first entails an approach to sports equipment and facilities, while the second is dedicated to the management, planning and organisation of different types of sporting events.

### SKILLS

#### **Basic Skills**

Students must have demonstrated knowledge and understanding in an area of study that is founded on general secondary education. Moreover, the area of study is typically at a level that includes certain aspects implying

knowledge at the forefront of its field of study, albeit supported by advanced textbooks

Students must be able to apply their knowledge to their work or vocation in a professional manner and possess skills that can typically be demonstrated by coming up with and sustaining arguments and solving problems within their field of study

Students must have the ability to gather and interpret relevant data (usually within their field of study) in order to make judgments that include reflections on pertinent social, scientific or ethical issues

Students must be able to convey information, ideas, problems and solutions to both an expert and non-expert audience

Students must have developed the learning skills needed to undertake further study with a high degree of independence

#### **General Skills**

To select and be able to use sports materials and equipment, suited to every type of activity, in their various contexts: school, sports, recreation or sport for all.

To prepare programmes for managing sports organisations, entities and installations.

To be familiar with and act on the basis of the ethical principles needed for appropriate professional practice.

To develop habits of excellence and quality in professional development.

#### Specific skills

To be familiar with the sports material and equipment suited to each type of recreational, physical and sporting activity.

To promote different sports and physical activities in an appealing manner.

To develop habits and attitudes for the efficient use of resources.

To understand the basis for the management and administration of programmes and projects.

#### DISTRIBUTION OF WORK TIME

| CLASSROOM-BASED ACTIVITY | INDEPENDENT STUDY/OUT-OF-CLASSROOM<br>ACTIVITY |
|--------------------------|--|
| 60 hours                 | 90 hours                                       |