

Teaching guide

IDENTIFICATION DETAILS

Degree:	Physical Activity and Sports Sciences		
Field of Knowledge:	Social and Legal Science		
Faculty/School:	Education and Humanities		
Course:			
Type:	Compulsory	ECTS credits:	6
Year:	3	Code:	7536
Teaching period:	Sixth semester		
Area:	Educational Contents of Physical Education		
Module:	Physical Education and the Teaching of Physical Activity and Sport		
Teaching type:	Classroom-based		
Language:	Spanish		
Total number of student study hours:	150		

SUBJECT DESCRIPTION

The course on New Trends in Physical Activity helps students to develop the skills and abilities that a professional in Physical Activity must acquire before they start working. It is specifically intended for students to acquire the ability to keep abreast of new trends and of emerging activities, and to develop innovative business and entrepreneurial ideas.

SKILLS

Basic Skills

Students must have demonstrated knowledge and understanding in an area of study that is founded on general secondary education. Moreover, the area of study is typically at a level that includes certain aspects implying knowledge at the forefront of its field of study, albeit supported by advanced textbooks

Students must be able to apply their knowledge to their work or vocation in a professional manner and possess skills that can typically be demonstrated by coming up with and sustaining arguments and solving problems within their field of study

Students must have the ability to gather and interpret relevant data (usually within their field of study) in order to make judgments that include reflections on pertinent social, scientific or ethical issues

Students must be able to convey information, ideas, problems and solutions to both an expert and non-expert audience

Students must have developed the learning skills needed to undertake further study with a high degree of independence

General Skills

To be familiar with and understand the matter of study of physical activity and sports sciences.

To develop skills for leadership, interpersonal relations and teamwork.

To develop analytical, synthetic, reflective, critical, theoretical and practical thought.

Specific skills

To develop habits and skills for independent, cooperative learning and to foster this learning process among students.

To acquire the capacity to listen and empathise through forming close relationships.

To plan, develop and assess recreational physical and sports activities.

DISTRIBUTION OF WORK TIME

CLASSROOM-BASED ACTIVITY	INDEPENDENT STUDY/OUT-OF-CLASSROOM ACTIVITY
62 hours	88 hours