

Teaching guide

IDENTIFICATION DETAILS

Degree:	Physical Activity and Sports Sciences		
Field of Knowledge:	Social and Legal Science		
Faculty/School:	Education and Humanities		
Course:			
Type:	Compulsory	ECTS credits:	6
Year:	3	Code:	7535
Teaching period:	Sixth semester		
Area:	Teaching and Learning		
Module:	Physical Education and the Teaching of Physical Activity and Sport		
Teaching type:	Classroom-based		
Language:	Spanish		
Total number of student study hours:	150		

SUBJECT DESCRIPTION

They will develop the skills that a physical education teacher must have and master to teach Physical Education at secondary or higher secondary level. It deals specifically with the entire process of systemic learning, including scheduling, subject objectives and contents, the methodologies to be used, evaluation and the specific approach for working with the values inherent in sport and physical exercise.

SKILLS

Basic Skills

Students must have demonstrated knowledge and understanding in an area of study that is founded on general secondary education. Moreover, the area of study is typically at a level that includes certain aspects implying knowledge at the forefront of its field of study, albeit supported by advanced textbooks

Students must be able to apply their knowledge to their work or vocation in a professional manner and possess skills that can typically be demonstrated by coming up with and sustaining arguments and solving problems within their field of study

Students must have the ability to gather and interpret relevant data (usually within their field of study) in order to make judgments that include reflections on pertinent social, scientific or ethical issues

Students must be able to convey information, ideas, problems and solutions to both an expert and non-expert audience

Students must have developed the learning skills needed to undertake further study with a high degree of independence

General Skills

To select and be able to use sports materials and equipment, suited to every type of activity, in their various contexts: school, sports, recreation or sport for all.

To promote and assess the development of enduring, autonomous sport and physical activity habits among the population's various professional sectors.

To develop skills for leadership, interpersonal relations and teamwork.

Specific skills

To effectively develop physical education sessions, handling mechanisms for student motivation and encouraging them to reach their targets.

To carry out educational leadership by engaging in physical, sports and orientation activities with students and their families, taking into consideration individual educational needs.

To develop habits and skills for independent, cooperative learning and to foster this learning process among students.

DISTRIBUTION OF WORK TIME

CLASSROOM-BASED ACTIVITY	INDEPENDENT STUDY/OUT-OF-CLASSROOM ACTIVITY
64 hours	86 hours