

Teaching guide

IDENTIFICATION DETAILS

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|--------------------------------------|---------------------------------------|---------------|------|
| Degree: | Physical Activity and Sports Sciences | | |
| Field of Knowledge: | Social and Legal Science | | |
| Faculty/School: | Education and Humanities | | |
| Course: | | | |
| Type: | Compulsory | ECTS credits: | 6 |
| Year: | 3 | Code: | 7531 |
| Teaching period: | Fifth semester | | |
| Area: | Communication | | |
| Module: | Applied social and human sciences | | |
| Teaching type: | Classroom-based | | |
| Language: | Spanish | | |
| Total number of student study hours: | 150 | | |

SUBJECT DESCRIPTION

Creative development is very closely linked to people's personal and professional growth. People's creativity is determined by several factors (age, education, experience, conditioning, limiting behaviour, etc.). This course tackles these causes and establishes different strategies and specific methods that great figures in history (artists, scientists, etc.) have used to find new untravelled paths and new responses to life's problems and situations. Students will set out on a personal path upon which they will exploit their potential and creative talent as much as possible. This learning will allow them to realise the advantages and the need for innovation and research in their professional field, in a society that requires not only qualified but also creative workers. This will have a positive impact on their personal lives and on their relationships with others.

SKILLS

Basic Skills

Students must have demonstrated knowledge and understanding in an area of study that is founded on general secondary education. Moreover, the area of study is typically at a level that includes certain aspects implying knowledge at the forefront of its field of study, albeit supported by advanced textbooks

Students must be able to apply their knowledge to their work or vocation in a professional manner and possess skills that can typically be demonstrated by coming up with and sustaining arguments and solving problems within their field of study

Students must have the ability to gather and interpret relevant data (usually within their field of study) in order to make judgments that include reflections on pertinent social, scientific or ethical issues

Students must be able to convey information, ideas, problems and solutions to both an expert and non-expert audience

Students must have developed the learning skills needed to undertake further study with a high degree of independence

General Skills

To develop skills for leadership, interpersonal relations and teamwork.

To develop skills to adapt to new situations and problem-solving, as well as for independent learning.

To develop analytical, synthetic, reflective, critical, theoretical and practical thought.

To reflect on professional practice, developing initiative and entrepreneurship, innovation and research in order to improve one's professional endeavour.

To be familiar with and apply information and communication technologies in various areas of action.

Specific skills

To reflect on professional practice, developing initiative and entrepreneurship, innovation and research in order to improve one's professional endeavour.

To develop oral and written communication skills.

To develop criteria for problem-solving and decision-making both professionally and personally.

To question and test theory, by means of practical activities with a creative, reflective approach to teaching.

To develop creative skills and attitudes as a necessary means for innovation and a constant search for improved job performance and better everyday quality of life.

DISTRIBUTION OF WORK TIME

| CLASSROOM-BASED ACTIVITY | INDEPENDENT STUDY/OUT-OF-CLASSROOM ACTIVITY |
|--------------------------|---------------------------------------------|
| 60 hours | 90 hours |