

# Teaching guide

## IDENTIFICATION DETAILS

Degree:	Physical Activity and Sports Sciences		
Field of Knowledge:	Social and Legal Science		
Faculty/School:	Education and Humanities		
Course:			
Type:	Compulsory	ECTS credits:	6
Year:	3	Code:	7530
Teaching period:	Fifth semester		
Area:	Communication		
Module:	Applied social and human sciences		
Teaching type:	Classroom-based		
Language:	Spanish		
Total number of student study hours:	150		

## SUBJECT DESCRIPTION

The course is designed to provide students with a better knowledge and more information about the concepts, strategies and techniques for working with small groups. Students will learn the definition and origin of group dynamics, the procedure for choosing groups, the implicit aims, and the requirements necessary for their implementation and the classification of techniques. In classes, active participation will be encouraged to stimulate creativity and teach students to select appropriate group dynamics and strategies for managing and resolving conflicts, mainly in school and sports.

## SKILLS

## Basic Skills

Students must have demonstrated knowledge and understanding in an area of study that is founded on general secondary education. Moreover, the area of study is typically at a level that includes certain aspects implying knowledge at the forefront of its field of study, albeit supported by advanced textbooks

Students must be able to apply their knowledge to their work or vocation in a professional manner and possess skills that can typically be demonstrated by coming up with and sustaining arguments and solving problems within their field of study

Students must have the ability to gather and interpret relevant data (usually within their field of study) in order to make judgments that include reflections on pertinent social, scientific or ethical issues

Students must be able to convey information, ideas, problems and solutions to both an expert and non-expert audience

Students must have developed the learning skills needed to undertake further study with a high degree of independence

## General Skills

To develop skills for leadership, interpersonal relations and teamwork.

To be familiar with and master conflict resolution techniques.

## Specific skills

To develop oral and written communication skills.

To develop skills for peaceful conflict resolution and group dynamics that help promote coexistence both inside and outside the classroom.

## DISTRIBUTION OF WORK TIME

CLASSROOM-BASED ACTIVITY	INDEPENDENT STUDY/OUT-OF-CLASSROOM ACTIVITY
60 hours	90 hours