

Teaching guide

IDENTIFICATION DETAILS

Degree:	Physical Activity and Sports Sciences		
Field of Knowledge:	Social and Legal Science		
Faculty/School:	Education and Humanities		
Course:	VALUES OF PHYSICAL EDUCATION AND SPORT: TEACHING APPLICATIONS		
Type:	Basic Training	ECTS credits:	6
Year:	2	Code:	7528
Teaching period:	Fourth semester		
Area:	Education		
Module:	Applied social and human sciences		
Teaching type:	Classroom-based		
Language:	Spanish		
Total number of student study hours:	150		

SUBJECT DESCRIPTION

Values as the core or focus of physical activity. Global involvement in sport, either at school or in organised physical activity of any kind and typical human values in sport, provide the starting point, structure and destination. The promotion and development of values require a clear and systematic theoretical and practical approach, which leaves no room for improvisation. This course is intended to train students so that, regardless of the path they take or professional commitment they make, they are clear about how to work and promote values and therefore become agents of personal and social change.

SKILLS

Basic Skills

Students must have demonstrated knowledge and understanding in an area of study that is founded on general secondary education. Moreover, the area of study is typically at a level that includes certain aspects implying knowledge at the forefront of its field of study, albeit supported by advanced textbooks

Students must be able to apply their knowledge to their work or vocation in a professional manner and possess skills that can typically be demonstrated by coming up with and sustaining arguments and solving problems within their field of study

Students must have the ability to gather and interpret relevant data (usually within their field of study) in order to make judgments that include reflections on pertinent social, scientific or ethical issues

Students must be able to convey information, ideas, problems and solutions to both an expert and non-expert audience

Students must have developed the learning skills needed to undertake further study with a high degree of independence

General Skills

To develop skills for leadership, interpersonal relations and teamwork.

To develop skills to adapt to new situations and problem-solving, as well as for independent learning.

To develop analytical, synthetic, reflective, critical, theoretical and practical thought.

To be familiar with and act on the basis of the ethical principles needed for appropriate professional practice.

To be familiar with and master efficient self-motivation, personal self-assessment, focus on personal achievement and leadership techniques.

To develop habits of excellence and quality in professional development.

Specific skills

To value individual and collective responsibility in the attainment of a sustainable future.

To promote value-based education activities aimed at forming active and democratic citizens.

To adopt attitudes of leadership and social responsibility on both a personal and professional level.

To develop a specific shared social service project.

Ability to apply ethical principles and values on both a personal and professional level and to acquire an ethical commitment to improving society.

DISTRIBUTION OF WORK TIME

CLASSROOM-BASED ACTIVITY	INDEPENDENT STUDY/OUT-OF-CLASSROOM ACTIVITY
60 hours	90 hours