

Teaching guide

IDENTIFICATION DETAILS

Degree:	Physical Activity and Sports Sciences		
Field of Knowledge:	Social and Legal Science		
Faculty/School:	Education and Humanities		
Course:	WESTERN HISTORY		
Type:	Basic Training	ECTS credits:	6
Year:	2	Code:	7525
Teaching period:	Fourth semester		
Area:	History		
Module:	Applied social and human sciences		
Teaching type:	Classroom-based		
Language:	Spanish		
Total number of student study hours:	150		

SUBJECT DESCRIPTION

tudents are introduced to the cultural history of the West, including Europe and the entire American continent, whereby culture is defined as everything that covers human life over time and analyses the spiritual values implicit in the creations of mankind. These creations form a process that for methodological purposes we have divided into stages. The study of each involves making connections between religion, thought, art, literature, politics, law, lifestyles, techniques, economics and the expression of mentalities and representations; with consideration for the dialectic between permanence (continuity) and change (discontinuity) and insistence on how values give rise to bonds between the different sectors that shape Culture.

SKILLS

Basic Skills

Students must have demonstrated knowledge and understanding in an area of study that is founded on general secondary education. Moreover, the area of study is typically at a level that includes certain aspects implying knowledge at the forefront of its field of study, albeit supported by advanced textbooks

Students must be able to apply their knowledge to their work or vocation in a professional manner and possess skills that can typically be demonstrated by coming up with and sustaining arguments and solving problems within their field of study

Students must have the ability to gather and interpret relevant data (usually within their field of study) in order to make judgments that include reflections on pertinent social, scientific or ethical issues

Students must be able to convey information, ideas, problems and solutions to both an expert and non-expert audience

Students must have developed the learning skills needed to undertake further study with a high degree of independence

General Skills

To develop skills for leadership, interpersonal relations and teamwork.

To develop skills to adapt to new situations and problem-solving, as well as for independent learning.

To develop analytical, synthetic, reflective, critical, theoretical and practical thought.

Specific skills

To value individual and collective responsibility in the attainment of a sustainable future.

To discover the centrality of individuals, their dignity and integral development, and the implications this has on the activity and professional performance of a graduate in Sports and Physical Activity Sciences.

To nurture an attitude of intellectual curiosity in all areas of life.

To assess and evaluate the various responses given by mankind to the major issues throughout history as a basis for analysing the reality of today's world and acquiring habits of rigorous thought.

DISTRIBUTION OF WORK TIME

CLASSROOM-BASED ACTIVITY	INDEPENDENT STUDY/OUT-OF-CLASSROOM ACTIVITY
66 hours	84 hours