

# Teaching guide

## IDENTIFICATION DETAILS

Degree:	Physical Activity and Sports Sciences		
Field of Knowledge:	Social and Legal Science		
Faculty/School:	Education and Humanities		
Course:	BASICS AND INITIATION OF GROUP SPORTS AND THEIR TEACHING II		
Type:	Compulsory	ECTS credits:	6
Year:	2	Code:	7522
Teaching period:	Third semester		
Area:	Basics of and Introduction to Sport		
Module:	Sport and Physical-Sporting Activities		
Teaching type:	Classroom-based		
Language:	Spanish		
Total number of student study hours:	150		

## SUBJECT DESCRIPTION

During the course entitled Basics and Sporting Initiation of Group Sports and their Teaching II, students learn methods of teaching basketball and hockey. They learn how to apply practical exercises related to these sports and also work on explanation, demonstration, feedback and error correction. Based on progressions with visual and auditory stimuli.  
This teaching activity is geared towards the achievement not only of goals, but also of social objectives.

## SKILLS

### Basic Skills

Students must have demonstrated knowledge and understanding in an area of study that is founded on general secondary education. Moreover, the area of study is typically at a level that includes certain aspects implying knowledge at the forefront of its field of study, albeit supported by advanced textbooks

Students must be able to apply their knowledge to their work or vocation in a professional manner and possess skills that can typically be demonstrated by coming up with and sustaining arguments and solving problems within their field of study

Students must have the ability to gather and interpret relevant data (usually within their field of study) in order to make judgments that include reflections on pertinent social, scientific or ethical issues

Students must be able to convey information, ideas, problems and solutions to both an expert and non-expert audience

Students must have developed the learning skills needed to undertake further study with a high degree of independence

### **General Skills**

To develop skills to adapt to new situations and problem-solving, as well as for independent learning.

To be familiar with and act on the basis of the ethical principles needed for appropriate professional practice.

To be familiar with and understand the effects of physical exercise on the structure and function of the body, and on the psychological and social aspects of human beings.

To be aware of and understand the foundations of sport.

### **Specific skills**

To be familiar with the various ways and means that exist for the identification and selection of sports talent.

To be familiar with and suitably apply the criteria for training children, teenagers and youngsters.

To foster fair play and solidarity, using sports as a means of social transformation.

To be familiar with and apply current sports legislation, gaming regulations, disciplinary procedures and their modifications.

To be aware of and effectively apply the skills needed to develop critical thought both individually and among athletes, encouraging independence and reflection concerning professional reality.

### **DISTRIBUTION OF WORK TIME**

CLASSROOM-BASED ACTIVITY	INDEPENDENT STUDY/OUT-OF-CLASSROOM ACTIVITY
60 hours	90 hours