

Teaching guide

IDENTIFICATION DETAILS

Degree:	Physical Activity and Sports Sciences		
Field of Knowledge:	Social and Legal Science		
Faculty/School:	Education and Humanities		
Course:	COMMUNICATION: LEADERSHIP SKILLS AND ABILITIES		
Type:	Basic Training	ECTS credits:	6
Year:	1	Code:	7516
Teaching period:	Second semester		
Area:	Communication		
Module:	Applied social and human sciences		
Teaching type:	Classroom-based		
Language:	Spanish		
Total number of student study hours:	150		

SUBJECT DESCRIPTION

The course on Communication, Personal Skills and Abilities is intended to help students mature personally; from the discovery of their vocation to their response to it in the university environment, in the here and now. Students will therefore develop skills and core competencies for use in their professional work. These include self-knowledge, the ability to motivate others, creativity, personal leadership and teamwork.

SKILLS

Basic Skills

Students must have demonstrated knowledge and understanding in an area of study that is founded on general secondary education. Moreover, the area of study is typically at a level that includes certain aspects implying knowledge at the forefront of its field of study, albeit supported by advanced textbooks

Students must be able to apply their knowledge to their work or vocation in a professional manner and possess skills that can typically be demonstrated by coming up with and sustaining arguments and solving problems within their field of study

Students must have the ability to gather and interpret relevant data (usually within their field of study) in order to make judgments that include reflections on pertinent social, scientific or ethical issues

Students must be able to convey information, ideas, problems and solutions to both an expert and non-expert audience

Students must have developed the learning skills needed to undertake further study with a high degree of independence

General Skills

To develop skills for leadership, interpersonal relations and teamwork.

To develop an ability for interpersonal communication.

Specific skills

To reflect on professional practice, developing initiative and entrepreneurship, innovation and research in order to improve one's professional endeavour.

To develop oral and written communication skills.

To appreciate the process of personal development, setting goals to be attained by means of an action plan.

To adopt attitudes of leadership and social responsibility on both a personal and professional level.

DISTRIBUTION OF WORK TIME

CLASSROOM-BASED ACTIVITY	INDEPENDENT STUDY/OUT-OF-CLASSROOM ACTIVITY
60 hours	90 hours