

Teaching guide

IDENTIFICATION DETAILS

Degree:	Physiotherapy		
Scope	Physiotherapy, Podiatry, Nutrition and Diet, Occupational Therapy, Optics and Optometry and Speech Therapy.		
Faculty/School:	Health Sciences		
Course:	APPLIED PSYCHOSOCIAL SCIENCES		
Type:	Basic Training	ECTS credits:	6
Year:	2	Code:	2821
Teaching period:	Third semester		
Area:	Psychology		
Module:	Basic training		
Teaching type:	Classroom-based		
Language:	Spanish		
Total number of student study hours:	150		

SUBJECT DESCRIPTION

Tanto los pacientes como los propios fisioterapeutas nos vemos influidos por nuestra psique y nuestras relaciones sociales. Por ello, en primer lugar, es imprescindible saber de su existencia y de la importancia que en nuestras vidas tiene. Esto nos ha llevado a plantearnos una asignatura que pretende despertar en el futuro fisioterapeuta, el interés por un conocimiento integral del paciente. Este interés, sólo es posible que se de, si previamente, el propio alumno se interesa por el autoconocimiento integral, aunque en esta asignatura, tan sólo se profundice en la esfera psicosocial, dejando para otras la profundización en el soma (como fisiología) y el espíritu (entendido como el alma).

LEARNING RESULTS

To be familiar with and develop the theory of communication and interpersonal skills

To understand the psychological aspects involved in therapist-patient relations.

To identify the factors intervening in teamwork and leadership situations.

To identify the changes caused as a result of physiotherapy intervention. To encourage the participation of users and their families in the recovery processes.

To be familiar with and be able to identify the psychological and physical problems stemming from gender violence in order to train students in the prevention, early detection, care and rehabilitation for victims of such violence.

To identify the psychological and social factors influencing the health condition or illness of individuals, families and the community.

DISTRIBUTION OF WORK TIME

CLASSROOM-BASED ACTIVITY	INDEPENDENT STUDY/OUT-OF-CLASSROOM ACTIVITY
60 hours	90 hours