

Teaching guide

IDENTIFICATION DETAILS

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| Degree: | Gastronomy | | |
| Field of Knowledge: | Social and Legal Science | | |
| Faculty/School: | Law, Business and Governance | | |
| Course: | CULINARY TECHNIQUES AND APPLICATIONS I | | |
| Type: | Compulsory | ECTS credits: | 6 |
| Year: | 1 | Code: | 1408 |
| Teaching period: | Second semester | | |
| Area: | Culinary Arts | | |
| Module: | Discipline | | |
| Teaching type: | Classroom-based | | |
| Language: | Spanish | | |
| Total number of student study hours: | 150 | | |

SUBJECT DESCRIPTION

This course is the first devoted to culinary techniques and applications within the field of the same name. Culinary Techniques and Applications I, II and III provide a basic knowledge of Haute Cuisine.

This course provides training in the abilities and skills necessary for students to be able carefully to select ingredients and prepare them thoroughly, with the highest quality and professionalism required in the culinary arts. Students will be trained in awareness and observance of all the appropriate precautions in hygiene and food handling, optimal methods of cooking and the proper decorations for each type of dish.

SKILLS

Basic Skills

Students must have demonstrated knowledge and understanding in an area of study that is founded on general secondary education. Moreover, the area of study is typically at a level that includes certain aspects implying knowledge at the forefront of its field of study, albeit supported by advanced textbooks

Students must be able to apply their knowledge to their work or vocation in a professional manner and possess skills that can typically be demonstrated by coming up with and sustaining arguments and solving problems within their field of study

Students must have the ability to gather and interpret relevant data (usually within their field of study) in order to make judgments that include reflections on pertinent social, scientific or ethical issues

Students must be able to convey information, ideas, problems and solutions to both an expert and non-expert audience

Students must have developed the learning skills needed to undertake further study with a high degree of independence

General Skills

To adopt a personal and institutional ethical commitment in the workplace.

To develop professional skills such as humility in the workplace, consistency in practice, tidiness and discipline, objective self-criticism and the spirit of achievement.

To be able to apply the theory and knowledge acquired to real situations and practical actions.

To adopt an attitude of intellectual eagerness, scientific interest and the search for knowledge and truth in all professional and personal undertakings.

Specific skills

To understand the inter-relation and interaction of physicochemical and biological phenomena occurring during the food production, preparation, preservation, consumption and assimilation process

To know and apply food service, hygiene and quality standards in the professional culinary arts, catering and hotel environment.

To acquire the established knowledge of the basic arts and techniques used in the area of the subject matter and in the handling of the corresponding professional utensils, instruments and equipment.

To know the products of animal and vegetable origin used in professional cuisine, with special emphasis on their preparation, handling and preservation, from reception to final processing

DISTRIBUTION OF WORK TIME

| CLASSROOM-BASED ACTIVITY | INDEPENDENT STUDY/OUT-OF-CLASSROOM ACTIVITY |
|--------------------------|---|
| 60 hours | 90 hours |