

# **Teaching guide**

#### **IDENTIFICATION DETAILS**

Degree:	Gastronomy			
Dogroo.	Castronomy			
Field of Knowledge:	Social and Legal Science			
Faculty/School:	Law, Business and Governance			
Course:	CULINARY TECHNIQUES AND APPLICATIONS I			
Type:	Compulsory		ECTS credits:	6
		'		
Year:	1	I	Code:	1408
		•		
Teaching period:	Second semester			
Area:	Culinary Arts			
	•			
Module:	Discipline			
Teaching type:	Classroom-based			
Language:	Spanish			
Total number of student	150			
study hours:				

## **SUBJECT DESCRIPTION**

Se estudian las normas de higiene y seguridad en las cocinas, las características de varios grupos de alimentos básicos (verduras, lácteos y huevos), y sus puntos de cocción. Además, se imparten y practican técnicas básicas de cortes y torneados, preparación de caldos, fondos, emulsiones y salsas.

#### **SKILLS**

#### **Basic Skills**

Students must have demonstrated knowledge and understanding in an area of study that is founded on general secondary education. Moreover, the area of study is typically at a level that includes certain aspects implying knowledge at the forefront of its field of study, albeit supported by advanced textbooks

Students must be able to apply their knowledge to their work or vocation in a professional manner and possess skills that can typically be demonstrated by coming up with and sustaining arguments and solving problems within their field of study

Students must have the ability to gather and interpret relevant data (usually within their field of study) in order to make judgments that include reflections on pertinent social, scientific or ethical issues

Students must be able to convey information, ideas, problems and solutions to both an expert and non-expert audience

Students must have developed the learning skills needed to undertake further study with a high degree of independence

#### **General Skills**

To adopt a personal and institutional ethical commitment in the workplace.

To develop professional skills such as humility in the workplace, consistency in practice, tidiness and discipline, objective self-criticism and the spirit of achievement.

To be able to apply the theory and knowledge acquired to real situations and practical actions.

To adopt an attitude of intellectual eagerness, scientific interest and the search for knowledge and truth in all professional and personal undertakings.

### Specific skills

To understand the inter-relation and interaction of physicochemical and biological phenomena occurring during the food production, preparation, preservation, consumption and assimilation process

To know and apply food service, hygiene and quality standards in the professional culinary arts, catering and hotel environment.

To acquire the established knowledge of the basic arts and techniques used in the area of the subject matter and in the handling of the corresponding professional utensils, instruments and equipment.

To know the products of animal and vegetable origin used in professional cuisine, with special emphasis on their preparation, handling and preservation, from reception to final processing

## **DISTRIBUTION OF WORK TIME**

CLASSROOM-BASED ACTIVITY	INDEPENDENT STUDY/OUT-OF-CLASSROOM ACTIVITY
60 hours	90 hours