

Teaching guide

IDENTIFICATION DETAILS

Degree:	Physical Activity and Sports Sciences
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Field of Knowledge:	Social and Legal Science
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Faculty/School:	Education and Humanities
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Course:	ENGLISH
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Type:	Compulsory
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ECTS credits:	6
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Year:	3
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Code:	7532
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Teaching period:	Fifth semester
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Area:	Communication
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Module:	Applied social and human sciences
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Teaching type:	Classroom-based
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Language:	English
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Total number of student study hours:	150
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Teaching staff	E-mail
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SUBJECT DESCRIPTION

Equip learners with the knowledge and skills which will enable them to use the English language in their future work environment as true professionals in the field of sports. Teach students to communicate in English at a national and international level.

English is a course, which is compulsory and which carries 6 ECTS credits, implying 150 hours of dedication on the learner's part, taught in the Fifth Semester of the Third Year of Physical Activity and Sports Sciences Degree studies. This course is embodied within the Area of Communication within the Module: Applied social and human sciences.

English forms part of a well-rounded, integral education focused on the learner in all of his or her harmoniously integrated dimensions (intelligence, will, emotional nature, sociability, abilities, skills...)

His or her work will affect a whole range of people. His or her attitudes should be a determining factor in his or her professional practice. He or she should be ethically committed to the genuine values of sport and physical activity which are a powerful tool of personal growth and social transformation.

GOAL

To develop and improve the learner's overall communicative skills in English through active listening and speaking, and in particular, to increase the learner's understanding and use of vocabulary and language structure as well as reading and writing skills within this particular field of study.

PRIOR KNOWLEDGE

This course recommends a minimum B1 level of English (See: the Common European Framework of Reference for Languages).

COURSE SYLLABUS

1. PHYSICAL ACTIVITY
2. ANATOMY
3. MOTOR SKILLS AND GIVING INSTRUCTIONS
4. NUTRITION
5. SPORTS
6. SPORT INJURIES
7. LANGUAGE

1. The "Physical Activity" Unit consists of a questionnaire on the students' physical activity. As a conclusion, a series of benefits of regular physical activity are pointed out and discussed.
2. The "Anatomy" Unit provides vocabulary related to the human body (body parts, internal organs, bones and joints).
3. The "Motor Skills" Unit deals with vocabulary that will enable the students to describe movement and give instructions to their future pupils.
4. The "Nutrition" Unit stresses the importance of a healthy diet. The language focus is on food-related vocabulary.
5. The "Sports" Unit is an overview of some of the world's most popular sports and events, with specific vocabulary and associated language.
6. The "Sports Injuries" deals with the most common injuries in the world of sports and their prevention.
7. The Language unit will revise Present and Past Verb tenses and Open and Closed Questions.

EDUCATION ACTIVITIES

In second-language teaching-learning methodology, the how is as important as the what or even the final result.

The methodology applied in this course is therefore communicative, eclectic and collaborative. 'Communicative' implies active participation and involvement. 'Eclectic' takes into account different teaching-learning styles, allowing the student to develop and activate his/her own learning. 'Collaborative' provides the learner with the opportunity, both individually and in collaboration with others, to acquire more autonomy as well as a greater sense of responsibility for self and others. The teacher is a guide in this learning process.

This communicative, eclectic, collaborative methodology implies,

IN CLASS:

- Interactive class lectures
- Student presentations and student-led discussions
- Group and pair activities: role-plays, simulations, interviews, research, project work, online forums, etc.
- Feedback mechanisms
- Midterm and final written and/or oral exams

OUTSIDE OF CLASS:

- Independent study and preparation of class/group/pair work
- Online task completion and participation
- Individual and group tutorials
- Self-assessment

The focus of this subject is on content, knowledge and skills relevant to the chosen degree area.

DISTRIBUTION OF WORK TIME

CLASSROOM-BASED ACTIVITY	INDEPENDENT STUDY/OUT-OF-CLASSROOM ACTIVITY
60 hours	90 hours
Lectures 30h Seminars/workshops 19h Group presentations 2h Tutorials 5h Assessment 4h	Group and individual preparation 40h Theoretical study 40h Complementary Activities 5h Completion of assignments on UFV Virtu@I and /or other multimedia platforms 5h

SKILLS

Basic Skills

Students must have demonstrated knowledge and understanding in an area of study that is founded on general secondary education. Moreover, the area of study is typically at a level that includes certain aspects implying knowledge at the forefront of its field of study, albeit supported by advanced textbooks

Students must be able to apply their knowledge to their work or vocation in a professional manner and possess skills that can typically be demonstrated by coming up with and sustaining arguments and solving problems within their field of study

Students must have the ability to gather and interpret relevant data (usually within their field of study) in order to make judgments that include reflections on pertinent social, scientific or ethical issues

Students must be able to convey information, ideas, problems and solutions to both an expert and non-expert audience

Students must have developed the learning skills needed to undertake further study with a high degree of independence

General Skills

To understand scientific literature in the area of physical activity and sport in the English language and in other languages broadly used in the scientific sphere.

To develop skills for leadership, interpersonal relations and teamwork.

To develop an ability for interpersonal communication.

Specific skills

To develop oral and written communication skills.

To identify and use technical vocabulary related to various disciplines.

To express oneself orally and in writing in a foreign language using terms specific to a subject area.

LEARNING RESULTS

Restate in an abridged but accurate way the basic rules of certain games or sporting activities.

Construct both written and spoken descriptions of a sporting activity using correct terminology, appropriate verb tenses and accurate arrangement of language.

Formulate and express views on a particular sporting performance or experience alone or interacting with others within the dynamic of a sports discussion.

Demonstrate a command of specified sporting vocabulary, physical activity expressions, and instructions both on paper and orally in order to give an effective Presentation and Physical Education lesson.

LEARNING APPRAISAL SYSTEM

CONTINUOUS EVALUATION:

BLOCK 1: WRITTEN EXAMS – 40%

-10% - Mid-term Exam. If a student does not sit the mid-term exam and does not present a formal excuse IN DUE TIME AND IN PROPER FORM, authorized by the PEC or the Director of the Degree, he/she loses this 10%.

-30% - Final Exam. To calculate an average with the Mid-term Exam, the student must obtain a minimum of 5/10 on the Final Exam. The average between the two marks will be taken into account only if it is to the student's benefit. On the contrary, the Final Exam mark will carry the full weight of BLOCK 1, i.e., 40%.

NOTE: Students must obtain an overall PASS (5/10) in BLOCK 1, to calculate an overall grade average with BLOCKS 2, 3 and 4.

BLOCK 2: ORAL ASSESSMENT- 25%

-Evaluated ORAL tasks completed in class throughout the semester, individually, in pairs and/or in groups (presentations, debates, discussions, simulations, interviews,etc).

-Minimum 2 evaluated tasks.

NOTE: Students must obtain an overall PASS (5/10) in BLOCK 2, to calculate an overall grade average with BLOCKS 1, 3 and 4.

BLOCK 3: INDEPENDENT STUDY-WORK ASSESSMENT - 25%

- Completion of minimum 2-3 evaluated pieces of work, as stipulated by the teacher.
- Completion of regular homework assignments
- Completion of and participation in any online tasks.
- Attendance to tutorials when required.

NOTE: All tasks and assignments must be handed in IN DUE TIME AND PROPER FORM, as stipulated in the course calendar uploaded to Aula Virtual. If tasks and assignments are not handed in IN DUE TIME AND PROPER FORM, the mark for aforementioned tasks and assignments will be 'zero' (0). They will NOT be marked within the ordinary exam period if handed in after the deadline.

BLOCK 4: ATTITUDE AND PARTICIPATION – 10%

NOTE: Students who do not attend class on a regular basis and who do not have a formal "dispensa" authorized and communicated by the Degree automatically lose this 10%.

CONTINUOUS EVALUATION:

ORDINARY EXAM PERIOD: Dec-Jan (1st SEMESTER) – May (2nd SEMESTER)

CONTINUOUS EVALUATION:

EXTRAORDINARY EXAM PERIOD: June-July (1st and 2nd SEMESTERS)

NOTE:

1. Within one academic period, all passed marks from the different BLOCKS will be transferred from the ordinary to the extraordinary exam period.
2. Within one academic period, only those BLOCKS which have been failed in the ordinary exam period may be repeated in the extraordinary exam period.
3. No grades will be transferred from one academic calendar year to the following academic calendar year.

BLOCK 1: WRITTEN EXAM – 40%

-If BLOCK 1 has been failed, the student will be required to sit one written exam based on the contents covered throughout the course.

NOTE: Students must obtain an overall PASS (5/10) in BLOCK 1 to calculate an overall grade average with BLOCKS 2, 3 and 4.

BLOCK 2: ORAL ASSESSMENT- 25%

- If BLOCK 2 has been failed, the student will be required to carry out two ORAL tasks: Task One is a prepared piece of work based on the course topics. Task Two is an open question / interview related to the course content, to be announced at the time of the oral assessment.
- The ORAL ASSESSMENT will take place on or before the officially published extraordinary exam date, unless indicated otherwise by the teacher.

NOTE: Students must obtain an overall PASS (5/10) in BLOCK 2 to calculate an overall grade average with BLOCKS 1, 3 and 4.

BLOCK 3: INDEPENDENT STUDY-WORK ASSESSMENT - 25%

-If BLOCK 3 has been failed, the student will have the opportunity to repeat and/or submit one or more major pieces of course-related work BY OR BEFORE the official final exam date in the extraordinary period.

BLOCK 4: ATTITUDE AND PARTICIPATION – 10%

-The mark for this BLOCK will be transferred from the ordinary period to the extraordinary period.

ALTERNATIVE EVALUATION:

NOTE: This system only applies for those students who are: repeating the course; have an official 'dispensa'

signed by the dean of the corresponding faculty; or are on an international exchange program, therefore automatically having a 'dispensa'. It is the student's responsibility to be informed regarding course requirements, deadlines and exam dates, as well as to contact his/her teacher.

BLOCK 1: WRITTEN EXAM – 50%

-The student will be required to sit one written exam based on the contents covered throughout the course.

NOTE: Students must obtain an overall PASS (5/10) in BLOCK 1 to calculate an overall grade average with BLOCKS 2 and 3.

BLOCK 2: ORAL ASSESSMENT- 25%

-The student will be required to carry out two ORAL tasks: Task One is a prepared piece of work based on the course topics. Task Two is an open question / interview related to the course content, to be announced at the time of the oral assessment.

-The ORAL ASSESSMENT will take place on or before the officially published ordinary exam date, unless indicated otherwise by the teacher.

NOTE: Students must obtain an overall PASS (5/10) in BLOCK 2 to calculate an overall grade average with BLOCKS 1 and 3.

BLOCK 3: INDEPENDENT STUDY-WORK ASSESSMENT - 25%

-Completion of minimum 2-3 evaluated pieces of work, as stipulated by the teacher.

-Completion of regular homework assignments (to be handed in through the Aula Virtual or by email).

-Completion of and participation in any online tasks.

-Attendance to tutorials when required.

NOTE: All tasks and assignments must be handed in BY OR BEFORE THE LAST CLASS DAY ACCORDING TO THE OFFICIAL COURSE CALENDAR. If tasks and assignments are not handed in by or before this date, the mark for aforementioned tasks and assignments will be 'zero' (0). They will NOT be marked within the ordinary exam period if handed in after this deadline.

ALTERNATIVE EVALUATION:

ORDINARY EXAM PERIOD: Dec-Jan (1st SEMESTER) – May (2nd SEMESTER)

ALTERNATIVE EVALUATION:

EXTRAORDINARY EXAM PERIOD: June-July (1st and 2nd SEMESTERS)

NOTE:

1. Within one academic period, all passed marks from the different BLOCKS will be transferred from the ordinary to the extraordinary exam period.

2. Within one academic period, only those BLOCKS which have been failed in the ordinary exam period may be repeated in the extraordinary exam period.

3. No grades will be transferred from one academic calendar year to the following academic calendar year.

BLOCK 1: WRITTEN EXAM –50%

-The student will be required to sit one written exam based on the contents covered throughout the course.

NOTE: Students must obtain an overall PASS (5/10) in BLOCK 1 to calculate an overall grade average with BLOCKS 2 and 3.

BLOCK 2: ORAL ASSESSMENT- 25%

-The student will be required to carry out two ORAL tasks: Task One is a prepared piece of work based on the course content. Task Two is an open question / interview related to the course content, to be announced at the time of the oral assessment.

-The ORAL ASSESSMENT will take place on or before the officially published extraordinary exam date, unless indicated otherwise by the teacher.

NOTE: Students must obtain an overall PASS (5/10) in BLOCK 2 to calculate an overall grade average with BLOCKS 1 and 3.

BLOCK 3: INDEPENDENT STUDY-WORK ASSESSMENT – 25%

-The student will have the opportunity to repeat and/or submit one or more major pieces of course-related work BY OR BEFORE the official final exam date in the extraordinary period.

FURTHER NOTES:

- 1.Coursework deadlines are established at the beginning of the course. No work will be accepted after the due date.
- 2.Plagiarism is penalized with a FAIL grade, taking the student directly to the extraordinary exam period.
- 3.Students are responsible for contacting their subject teacher within the first week after receiving notification of having obtained a 'dispensa'. Students are also responsible for being informed regarding and complying with the course requirements.
- 4.Honorable Mention: An honorable mention is recognition of excellence. It is awarded exclusively to students who stand out from their peers academically, as well as in attitude, dedication and teamwork. This decision lies exclusively with the subject teacher.
- 5.All degree students are subject to the rules of coexistence (la normativa de convivencia) of the university, with special attention to any infraction attributed to plagiarism and/or cheating on an exam which will be considered as serious faults in agreement with Article 7 in the aforementioned rules.

BIBLIOGRAPHY AND OTHER RESOURCES

Basic

Material created and developed specifically for this course: 3rd-year CAFYD ENGLISH Coursepack

Additional

VVAA (2000). Harrap's Advanced Dictionary English-Spanish/Español-Inglés. Barcelona: Biblograf, S.A..

Murphy, R. (2004). English Grammar in Use. Cambridge: Cambridge University Press.

Redman, S. (1997). English Vocabulary in Use. Cambridge: Cambridge University Press.